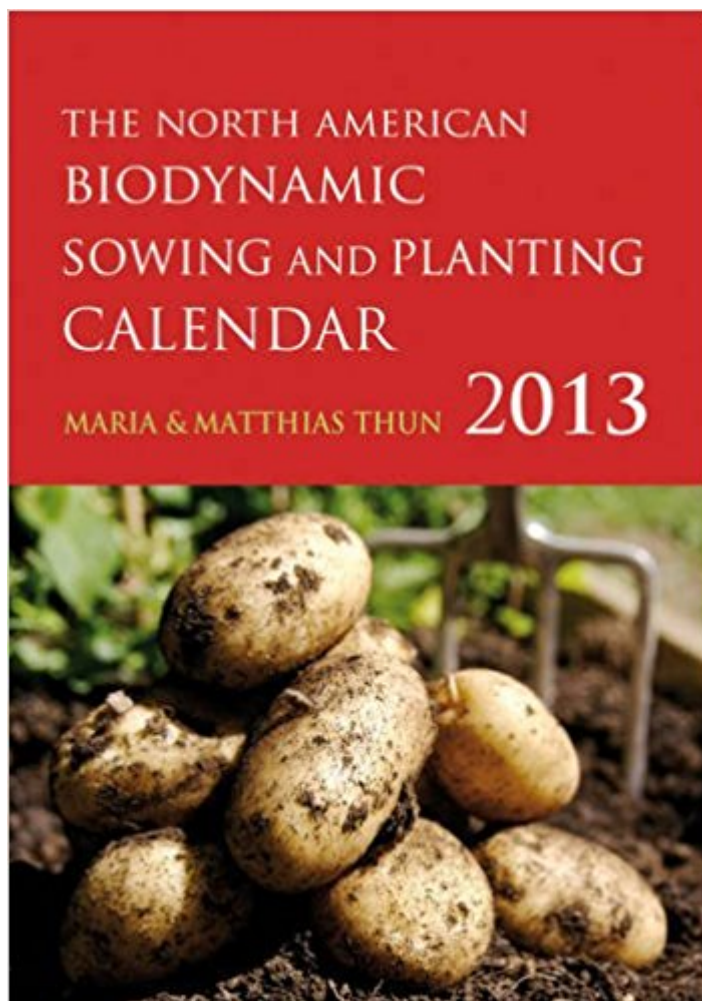


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# The North American Biodynamic Sowing And Planting Calendar



## Synopsis

The 2013 calendar, now in its 51st year, adapted for North American (Eastern Standard Time) dates and times. This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Maria and Matthias Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations. The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference. Includes a memorial to Maria Thun who died in February 2012.

## Book Information

Calendar: 64 pages

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Language: English

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Product Dimensions: 8.1 x 5.8 x 0.3 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 19 customer reviews

Best Sellers Rank: #879,663 in Books (See Top 100 in Books) #362 in [Books > Calendars >](#)

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## Customer Reviews

Maria Thun and her son, Matthias, base this calendar on almost fifty years of biodynamic research and experience at their farm in Germany.

I love these calendars so much! I have only been gardening biodynamically for four years, but I depend on this calendar exclusively. I also find it very useful for other things in my life, such as making yogurt and weaning my bottle-fed goats, to name a couple. My garden continues to improve each year, and I owe a lot of it to this little book. It helps me know when to plant, transplant, cultivate, and harvest all of my different vegetables and grains. There is also information for bee keeping, ashing, tree planting, and the preparation information. I like the pullout chart and keep mine on my kitchen wall by the back door, so it is easy to access. I have two of Maria's books, "The

Biodynamic Year" and "Gardening for Life", and rely on them for my gardening information and inspiration. I feel like they are part of my family, and was very saddened by Maria's passing. I feel that she prepared her family to continue on with her work and have no doubt that Matthias and Christina will do just that.

New moon solar eclipse, a biodynamic gardener takes breaks from planting and prepping the soil as star stuff happens and reaches nodes, extremes, transitions, junctions and change points. For me, it is a good way to practice holistic balance with how I organize my life, planting by the moon, tending by the moon, taking rest, and social time when im not working super hard in the garden to get the tomatoes in before it changes to root time, or the clary sage in before it changes to leaf time. this system keeps my partner and i on track and gives us a cosmic way to stay in tune and a format to rock out on. The three day changing of the zodiac keeps my focus cycling through root, flower, leaf and fruit every 2-3 days and keeps my gardening tasks patient and balanced. You should see our 3 foot raised hugel beds and flower of life in the center of our garden, just seeds and transplants now. Soon to be a jungle. Thanks Maria and family for studying patiently planting and tending and laying down an information full, connected, experienced based teaching! Rest in peace, and love the soil.

I purchase this calendar each year to guide my planting and harvesting schedule. Many people might think this is a lot of hocus-pocus; but my garden output has increased substantially and the need to water the garden has decreased since I started working with the calendar. With the unfortunate death of Maria Thun, I hope someone will pick up on her work and continue publishing the calendar. A lot of us "natural gardeners" rely on it!

This has been a very interesting booklet. It is a bit difficult to follow, but once re-read, was well worth the money. I plan to try to use it during the 2013 growing season.

Easiest Bio-Dynamic Calendar to use. Has lots of additional information. Besides the calendar in the book, a wall calendar is provided for easy access and record keeping.

That is exactly what I did when I began using The North American Biodynamic Sowing and Planting Calendars. Indeed, following these calendars resulted in better and more abundant yields as well as increased shelf life!

Every serious gardener should have a copy of the current biodynamic planting guide every year, as it's full of important information (i.e. don't plant during a "blackout" period, plant carrots during a "root" period, etc.)

But really, I just have this book. I LOVE IT! I will never be without a biodynamic calendar again.

Makes a huge difference!

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